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GREEN ASC VET PROJECT

KA220-VET - COOPERATION PARTNERSHIPS IN VOCATIONAL EDUCATION AND TRAINING

360° Video – Occupations: What to expect

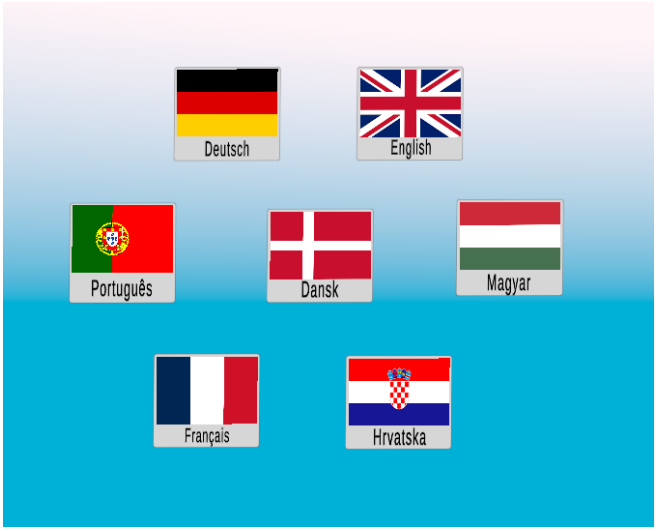
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This document describes what you will see and experience in the app. You do not need to read it before using the app, but it helps you know in advance what comes next.

INTRO

The app lets you explore different occupations through 360° video recordings of real workplaces. The aim is to help autistic people get to know the work environment, requirements and competencies of each occupation, and to prepare more easily for entering the job market.

First you select a language, then an occupation. For each occupation, text information and a 360° video are available.





THE OCCUPATIONS

There are **22 occupations**, recorded in real workplaces:

- **Mechanical engineering, manufacturing and wood:** Arc Welder, CNC Operator, Mechatronics Technician, Industrial Painter, Carpenter/Joiner
- **Electrical engineering and computing:** Computing Technician, Electronic Circuit Technician
- **Graphics, design and digital marketing:** 3D Computer Graphics Technician, Web Designer, Internet Marketing and Branding
- **Logistics and transport:** Crane Operator, Forklift Operator, Warehouse Worker/Logistics Operator, Delivery Driver
- **Food:** Baker, Pastry Chef
- **Nature, health and laboratory:** Gardener, Veterinary Technician, Laboratory Technician
- **Office, finance and information:** Accountant, Project Manager Assistant,

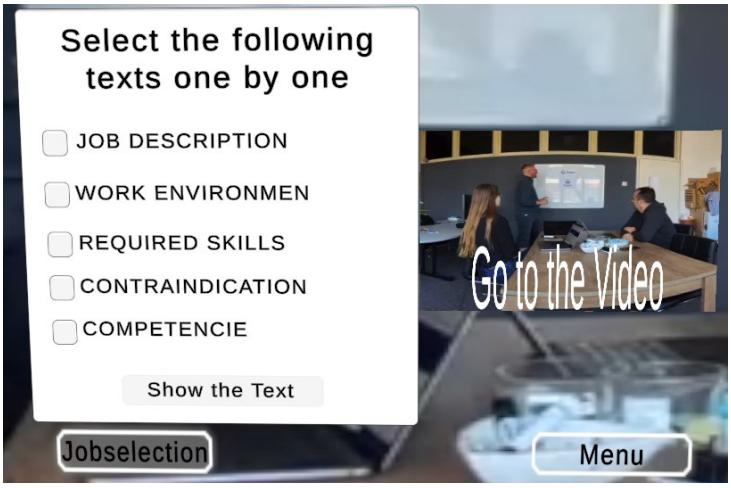
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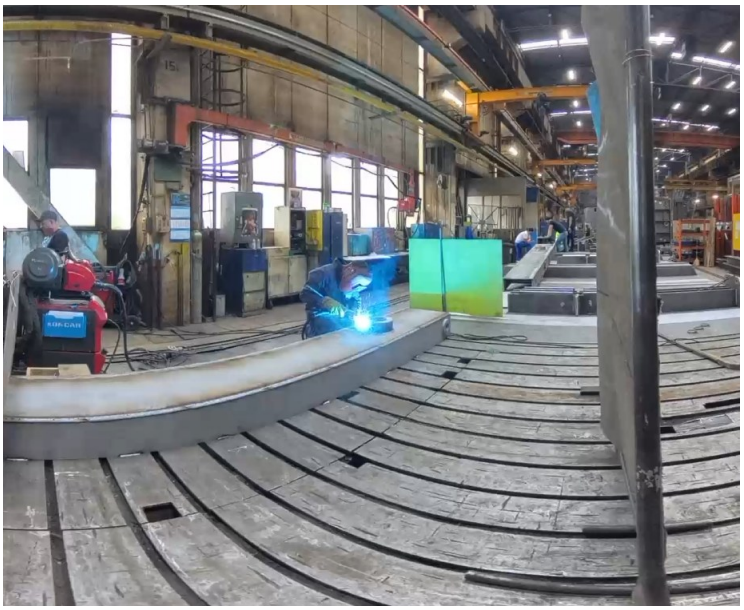
The list keeps growing; the current list is at **https://metautism.eu/occupations/**.

INFORMATION ABOUT EACH OCCUPATION

For each occupation you can read five sections, one at a time or all at once:

- **Job description** – what a person in this occupation does.
- **Work environment** – where the work takes place, under what conditions and at what pace.
- **Required skills and qualities** – technical skills and personal qualities.
- **Job contraindications** – health or other circumstances that may make the occupation unsuitable.
- **Key competencies for the job market** – what employers most often expect.





THE 360° VIDEO

The video shows a real workplace and its activities. You can turn and look around in every direction, as if you were standing there.

- **On a computer, tablet or phone:** change the view with the mouse, your finger or by moving the device.
- **In a VR headset:** change the view by turning your head.

HOW TO USE

1. Select a language.
2. Select the occupation you want to explore.
3. Read the text information.
4. Start the 360° video and look around the workplace.
5. Go back to the main menu and choose another occupation.

You can use the app on your own or with the support of a mentor, teacher or career guidance professional.

LIMITATIONS

- The video shows real workplaces but does not include conversations with colleagues or employers.
- The information is general and does not replace the requirements of a specific employer.
- The aim of the app is **information and preparation**, not formal training.

WHERE TO FIND IT

- **Web:** https://metautism.eu/occupations/
- **YouTube:** Green ASC VET – Metautism, https://www.youtube.com/@metautism
- **VR:** Meta Quest Store, “360 videos – occupations on the spectrum”, https://www.meta.com/experiences/360-videos-occupations-on-the-spectrum/25090179897242850/